#### **COMMUNITY WARNING SYSTEM**

(CWS) alerts people in Contra Costa County to imminent threats to life or safety. There are a variety of helpful tools to ensure you receive alerts.







**Text Messages** 







Social Media



Sirens





Radio and TV



**NOAA Weather Radios** 



Public Website -



→ www.cococws.us

REGISTER at www.cococws.us to receive cell phone and email alerts and view maps of current or ongoing events.

CWS provides presentations to organizations and groups in the County. If vou would like more information or would like to schedule a presentation, please contact CWS at:

> (925) 313-9622 cws-staff@so.cccounty.us

### **CONTRA COSTA COUNTY**

#### **OFFICE OF EMERGENCY SERVICES**

Please call us for additional information, specific to your emergency planning needs.

(925) 646-4461

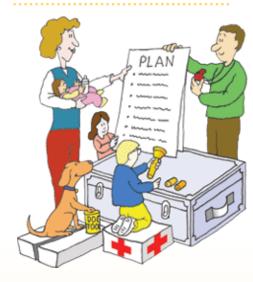
#### **Additional Website Resources**

www.contracostacert.org www.redcrossbayarea.org www.211database.org www.cocosheriff.org www.cchealth.org www.fema.gov www.caloes.ca.gov www.cococaer.org

**Contra Costa County, Sheriff Office of Emergency Services 50 Glacier Drive** Martinez, CA 94553



## **INDIVIDUAL AND FAMILY EMERGENCY PREPAREDNESS GUIDE**



The more prepared you are, the easier it will be for you to help family, friends and co-workers.



The planning and preparedness actions you make today will better prepare you to recover from a disaster tomorrow. A stronger community begins with preparing yourself and then helping others to prepare. Build your kit and plan accordingly based on your specific needs.

The Contra Costa County Office of Emergency Services would like to partner with you. We are ready to assist with your disaster preparedness efforts and to answer your emergency planning questions. We also offer outreach and educational services.

#### **KNOW YOUR LOCAL HAZARDS**

#### **NATURAL**

Earthquake Severe Weather Landslide Flood Wildfire Drought Erosion/Sinkhole

#### **TECHNOLOGICAL**

Hazardous Materials
Release
Train Derailment
Power Failure
Levee Failure
Airplane Accident
Dam Failure

#### **HUMAN CAUSED**

Civil Unrest
Cybersecurity
Terrorism
Workplace or
School Violence

#### **BIOLOGICAL**

Disease Outbreak Contaminated Food and/or Water Toxic Materials

# **PLAN**

Know what to have
Know what to do
Know where to get information
Know how to contact loved ones
Know where key locations are in
your neighborhood

### PREPARE

Advance preparation will help you survive

Routinely check your emergency 7 day supply kit of food, water and other daily needs



## PROTECT

Your family & pets
Your friends
Your community, especially
those with disabilities and
others with access and
functional needs

### **PLANNING TIPS**



- Food and Water
- Radio
- Whistle
- First Aid Kit
- Flashlight
- Batteries
- Extra Medications
- Blankets



- Discuss escape routes and meeting places
- Document contact names and phone numbers
- Communicate and practice your plan



- Register with the Community Warning System
- Tune into local radio KCBS 740 or television
- Monitor social media and internet



- Volunteer with CERT or Red Cross
- Take a class
- Assist in your neighborhood
- Check out your local community centers



